



ELEMENTS  
SPA

OLYMPIAN VILLAGE  
RESORT

MEET WITH THE BETTER YOU



## MASSAGE TREATMENTS

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### Intense revitalization

55' / 105€

This massage treatment is all about revitalization – a super charger to restore the body's mineral balance. We are using a set of techniques to relax muscles and joints, while putting your body into a state of ultimate relaxation with the power of seawater.

### LaStone Massage

75' / 129€

Warm volcanic basalt stones and cool marble pebbles are placed alongside the spinal cord to create a flow of positive energy. You will experience the beneficial effect of alternative temperature. A physical and spiritual journey to relieve stiffness and elevate your relaxation.

### Shirogriva Massage

55' / 90€

A unique massage derived from ancient India. Head, face and neck are treated to coordinate body functions using reflexology techniques, offering relaxation for body and soul. You will instantly be relieved of stress, insomnia and headaches.

### Back & Neck Massage

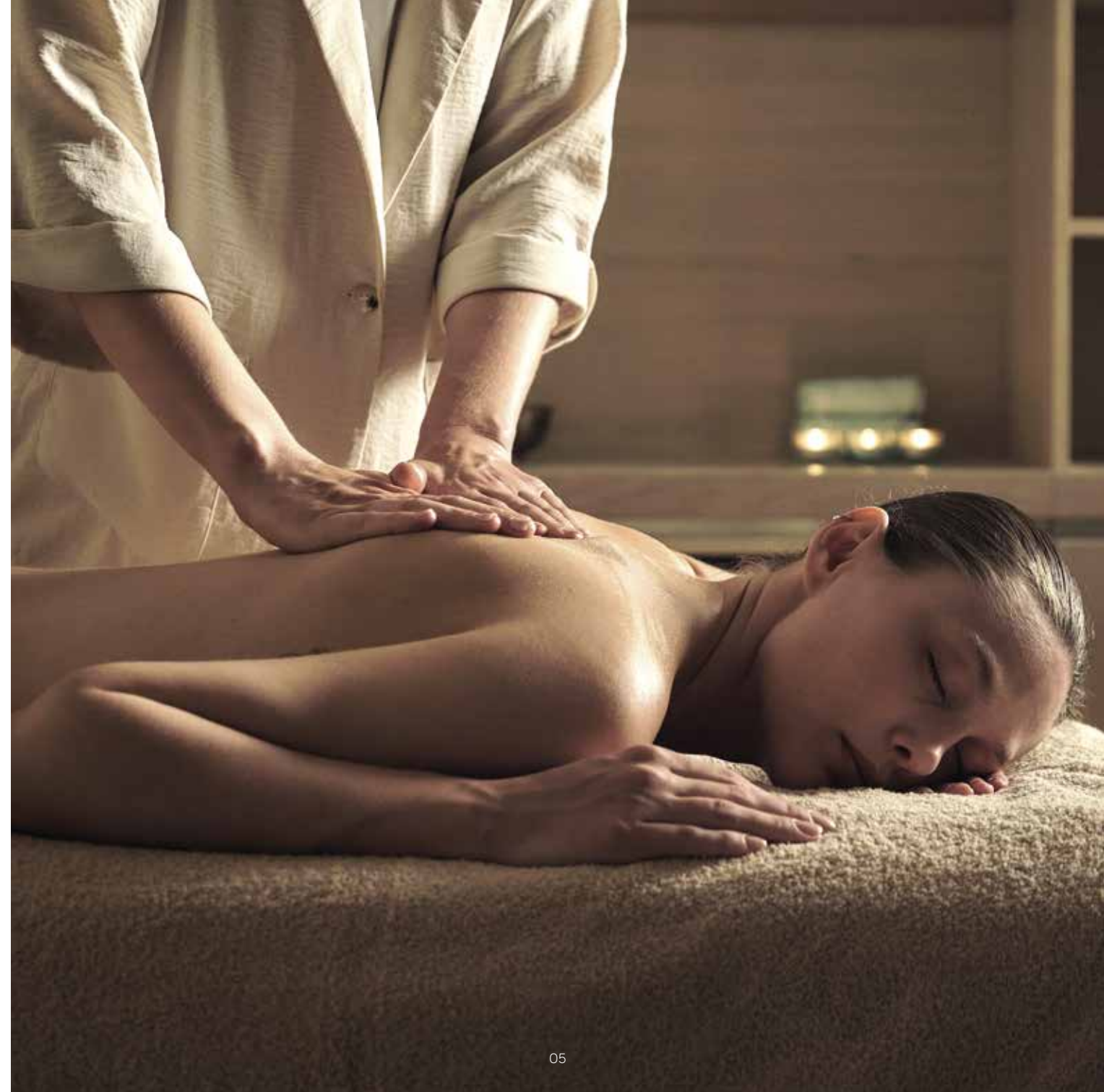
25' / 60€

Rhythmic kneading and pressures, are used to promote relaxation and reduce muscle soreness.

### Foot ritual

55' / 80€

An essential treatment combined with an icy cooling effect gel that instantly relieves heavy legs, leaving them light and nourished.



## MASSAGE TREATMENTS

### Balinese Massage

55' / 99€

An ancient massage developed in Bali, which uses a combination of gentle stretching, kneading that allow to release tensed and stiff muscles. By using the elements of yoga, acupressure and aromatherapy, it becomes an efficient, but enjoyable remedy for tensed muscles. Through the touch, the therapist reaches up to deep muscles that strain is often the reason for pain, insomnia and general breakdown.



### Thai Massage

70' / 120€

An ancient practice with many benefits using gentle pressure & stretching elements to relax the whole body, lower stress and relieve muscular tension.

### Personalized

55' / 99€

A head to toe experience Personalized massage therapy offers a tailored and transformative experience that is designed to meet your individual needs. By customizing the techniques, pressure, and focus of the massage session, the therapist can address your specific concerns and goals, leading to enhanced relaxation, pain relief, improved posture.

## ENHANCEMENTS

UP TO 10 min / 15€

- Eye contouring
- Antiaging nourishing mask
- Revitalizing energy mask
- Slimming perles



ENHANCING YOUR SPA EXPERIENCE with thoughtfully selected add-ons elevates every moment of relaxation to new heights. Each add-on serves as a delightful extension of your core treatments, adding layers of indulgence and pampering to your spa day. Whether you seek a heightened sense of tranquility, a boost of energy, or a deep sense of renewal, the right add-ons can enhance the overall efficacy of your spa experience.

## RITUALS

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### Oriental Hammam

90' - 1 pers / 99€

120' - 2 pers / 170€

An ancient wellness ritual which fuses the power of purifying mineral-rich clay with heat and steam. Our private rassul room will transport you to exotic heaven, soothe your mind, boost your circulation and ease muscle tension. Our therapists will guide you through this restorative ritual. Relax in the private steam room before washing away all the mud to reveal silky-soft skin.

### Oceanic Bliss Ritual

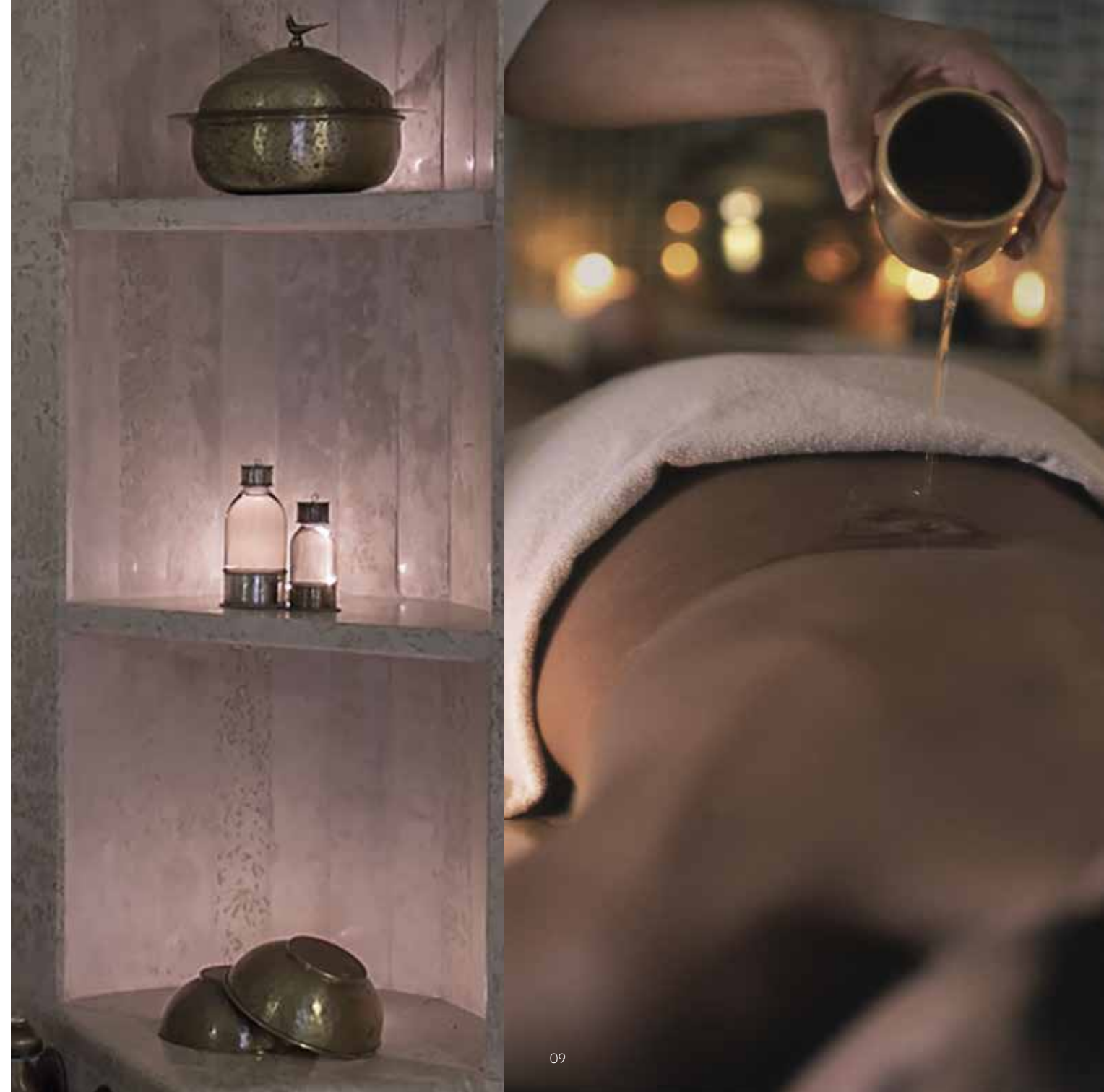
90' / 139€

The body is enveloped in a luscious scrub, the warm captivating Tiare or the tangy Sparkling citrus which sublimates the skin, and then slowly immersed in a cocoon of wellbeing, thanks to the Oceanic Bliss massage. The ritual ends with a melting balm. An absolute parenthesis of peace!

### Detox Ritual

80' / 120€

After an invigorating scrub, a concentrate of marine ingredients is rubbed with detox specific techniques. A massage of deep detoxification follows to stimulate elimination functions and drain the body.



## FACIALS

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### Hydra Mineral

55' / 99€

A superior facial treatment with ocean minerals and a double marine mask that leaves skin hydrated, fresh and plump.

### Marine Sebo-Pure

55' / 89€

Concentrated in powerful marine active ingredients, this 4-step treatment restores the skin's microbiota, regulates excessive sebum production and unclogs pores. Imperfections are reduced, shine neutralized and the skin texture smooth and unified.

### Lift and Firm

55' / 105€

Ideal for skin that lacks firmness. It combines a firming massage and a unique tightening mask. Facial features are smoothed, skin is firmer and contours are more well-defined.

### Absolute Youth

55' / 100€

An all-new anti-ageing facial highly concentrated in Sea Age 3A, a patented marine active ingredient that fills wrinkles and smooths the skin. A mousse mask is massaged onto the skin to plump it up from within. Wrinkles are less visible, youthfulness is restored.

### Ocean Secrets

85' / 139€

An Extraordinary Anti-ageing facial treatment based on an exclusive Face Gym Lift massage that sculpts the contours of the face and lifts the features. Marine pearls are applied to every wrinkle for an instant filling effect. The face is reshaped, skin is even and luminous.



## BODY TREATMENTS

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### Ocean Magnesium or Calcium

55' / 90€

A scrub boosted in Marine Magnesium or Calcium that exfoliates the skin while remineralizing it and a delightful relaxing massage with Magnesium Oil which restores balance and harmony to the body or with Marine Calcium Concentrate which promotes holistic wellbeing.

### Stomach Sculptor

45' / 79€

Reducing waistline and comforting abdomen by a specific massage and the multiple benefits of the Guerande Mud.

### Firming Performance

45' / 80€

A tonic exfoliation, spirulina firming body mask, and targeted massage help maintain skin firmness after pregnancy or weight loss.

### Cellulite [3D]

55' / 89€

Enjoy a personalized cellulite assessment to select the most effective products for individual needs. Four layers of slimming, draining, and firming ingredients are applied, followed by a targeted anti-cellulite massage. It concludes with a draining mask, leaving the skin smoother and firmer.

### Sauna

60' / 20€

Enjoy a sauna session designed to relax your body and calm your mind. Relieve muscle tension, improve circulation, and promote detoxification.

### Divine Scrubs

25' / 60€

Experience pure relaxation with your choice of divine scrub, leaving skin smooth and delicately scented with warm Tiare or fresh sparkling citrus.

## SPA PACKAGE

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### Ultimate Elements Ritual

120' / 270€ (2 persons)

A revitalizing spa journey combining a full body scrub (10-20'), performed with therapeutic products, a relaxing massage (60'), and a purifying hammam (40-50'), finishing in a relaxation area where you can enjoy fresh fruits and sparkling wine for a complete sense of calm.

*Indulge in a refined wellness and beauty experience designed to rejuvenate your body and elevate your sense of relaxation.*

## BEAUTY SALON

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Our new Beauty Salon offers a fresh, modern space for professional hairstyling and nail services.

Designed to enhance your experience, it provides everything you need to look and feel your best throughout your stay.

*For information or to book an appointment:  
WhatsApp: +30 6934778025 & 1813  
directly from your room.*

## SPA ETIQUETTE

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- The Spa and its environs are strictly NO SMOKING areas.
- Please conduct all conversations at levels consistent with a relaxing environment.
- Please leave all items of value in your locker. The Spa is not responsible for loss of or damage to a guest's personal belongings.
- Advance booking prior to the intended treatment time is essential. Please call or visit the spa reception at your earliest convenience so we can accommodate your schedule.
- In order to make the most of your spa experience, please arrive at least 15 minutes before your booked appointment.
- All guests will be required to complete and sign a health & lifestyle questionnaire upon arrival and prior to treatments.
- Bathrobes, towels and slippers are provided upon arrival, however you may arrive already changed from your room.
- As a courtesy to our next guest, late arrivals may result in a reduction of treatment time. In case of being late, please contact the spa reception to reschedule your appointment to a more convenient time.
- We request a minimum of 4-hour notice in case you are unable to keep your appointment. No shows or appointments cancelled within 4 hours will result in charging a 50% cancellation fee.
- Treatment packages are non-refundable, non-transferable and non-exchangeable.
- The Spa is open to guests over 16 years old. Guests under 18 years are required to have parental consent prior to the booking being accepted.



The Elements Spa  
uses the premium  
product line of

**THALION**  
CRÉATEUR DE COSMÉTIQUE MARINE



OLYMPIAN VILLAGE  
RESORT

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