



ELEMENTS
SPA

OLYMPIAN VILLAGE
RESORT

MEET WITH THE BETTER YOU



HYDROTHERAPY

Aqua Royal

25' / 26€

Soaking in hot water can improve blood flow and help relieve muscle tension, reducing stress and promoting mental well-being. Improving sleep quality and skin health. Indulge yourself in a magnificent aquatic walkway pool heated at 32-33°C. It consists of a circuit where under-water jets, counter current walkways, waterfalls, massage jets, hydro massage beds and seats provide a workout for a holistic revitalization.

Affusion massage

40' / 70€

Our signature relaxing massage under a light shower of warm thermal water that will gently caress your body for complete relaxation and an immediate soothing action.

Aromatic Hydro-Jet Bath

20' / 35€

Muscle soreness and tension melt away with the multiple, adjustable jets for local or overall hydro-massage. Water may be enriched with minerals, essential oils or ocean bath salts.



MASSAGE TREATMENTS

Intense revitalization

55' / 95€

This massage treatment is all about revitalization — a super charger to restore the body's mineral balance. We are using a set of techniques to relax muscles and joints, while putting your body into a state of ultimate relaxation with the power of seawater.

LaStone Massage

75' / 119€

Warm volcanic basalt stones and cool marble pebbles are placed alongside the spinal cord to create a flow of positive energy. You will experience the beneficial effect of alternative temperature. A physical and spiritual journey to relieve stiffness and elevate your relaxation.

Shirogriva Massage

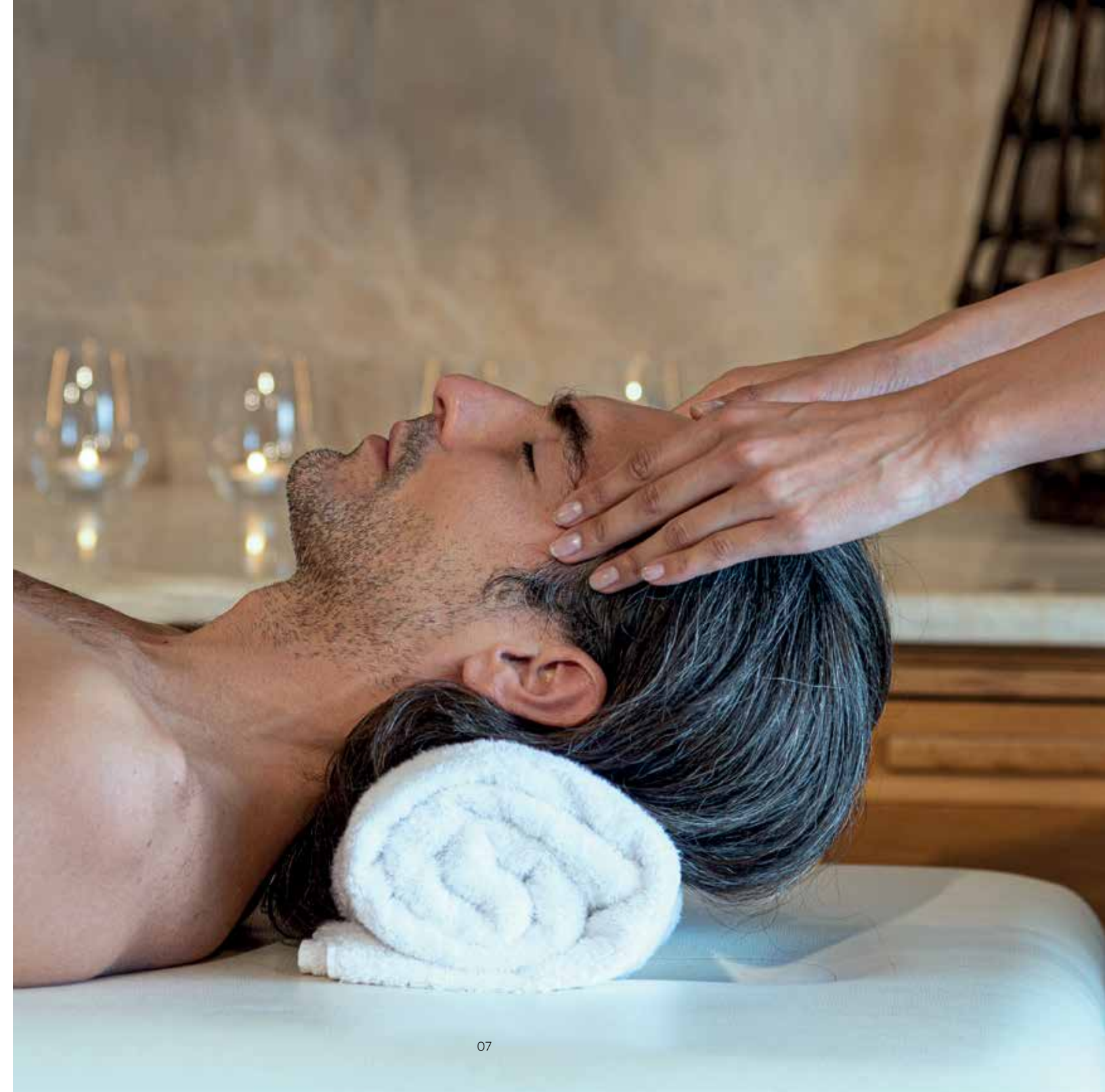
55' / 80€

A unique massage derived from ancient India. Head, face and neck are treated to coordinate body functions using reflexology techniques, offering relaxation for body and soul. You will instantly be relieved of stress, insomnia and headaches.

Thai Massage

70' / 100€

An ancient practice with many benefits using gentle pressure & stretching elements to relax the whole body, lower stress and relieve muscular tension.



MASSAGE TREATMENTS

Balinese Massage

55' / 89€

An ancient massage developed in Bali, which uses a combination of gentle stretching, kneading that allow to release tensed and stiff muscles. By using the elements of yoga, acupressure and aromatherapy, it becomes an efficient, but enjoyable remedy for tensed muscles. Through the touch, the therapist reaches up to deep muscles that strain is often the reason for pain, insomnia and general breakdown.



Foot ritual

55' / 70€

An essential treatment combined with an icy cooling effect gel that instantly relieves heavy legs, leaving them light and nourished.

Back & Neck Massage

25' / 50€

Rhythmic kneading and pressures, are used to promote relaxation and reduce muscle soreness.

Personalized

55' / 80' - 90€ / 105€

A ahead to toe experience Personalized massage therapy offers a tailored and transformative experience that is designed to meet your individual needs. By customizing the techniques, pressure, and focus of the massage session, the therapist can address your specific concerns and goals, leading to enhanced relaxation, pain relief, improved posture.

ENHANCEMENTS

UP TO 10 min / 10€

- Eye contouring
- Antiaging nourishing mask
- Revitalizing energy mask
- Slimming perles



ENHANCING YOUR SPA EXPERIENCE with thoughtfully selected add-ons elevates every moment of relaxation to new heights. Each add-on serves as a delightful extension of your core treatments, adding layers of indulgence and pampering to your spa day. Whether you seek a heightened sense of tranquility, a boost of energy, or a deep sense of renewal, the right add-ons can enhance the overall efficacy of your spa experience.

RITUALS

Oriental Hammam

90' - 1 pers / 89€

120' - 2 pers / 160€

An ancient wellness ritual which fuses the power of purifying mineral-rich clay with heat and steam.

Our private rassul room will transport you to exotic heaven, soothe your mind, boost your circulation and ease muscle tension. Our therapists will guide you through this restorative ritual. Relax in the private steam room before washing away all the mud to reveal silky-soft skin.

Oceanic Bliss Ritual

90' / 129€

The body is enveloped in a luscious scrub, the warm captivating Tiare or the tangy Sparkling citrus which sublimates the skin, and then slowly immersed in a cocoon of wellbeing, thanks to the Oceanic Bliss massage. The ritual ends with a melting balm. An absolute parenthesis of peace!

Detox Ritual

80' / 110€

After an invigorating scrub, a concentrate of marine ingredients is rubbed with detox specific techniques. A massage of deep detoxification follows to stimulate elimination functions and drain the body.



FACIALS

Hydra Mineral

55' / 89€

A superior facial treatment with ocean minerals and a double marine mask that leaves skin hydrated, fresh and plump.

Marine Sebo-Pure

55' / 79€

Concentrated in powerful marine active ingredients, this 4-step treatment restores the skin's microbiota, regulates excessive sebum production and unclogs pores. Imperfections are reduced, shine neutralized and the skin texture smooth and unified.

Lift and Firm

55' / 95€

Ideal for skin that lacks firmness. It combines a firming massage and a unique tightening mask. Facial features are smoothed, skin is firmer and contours are more well-defined.

Absolute Youth

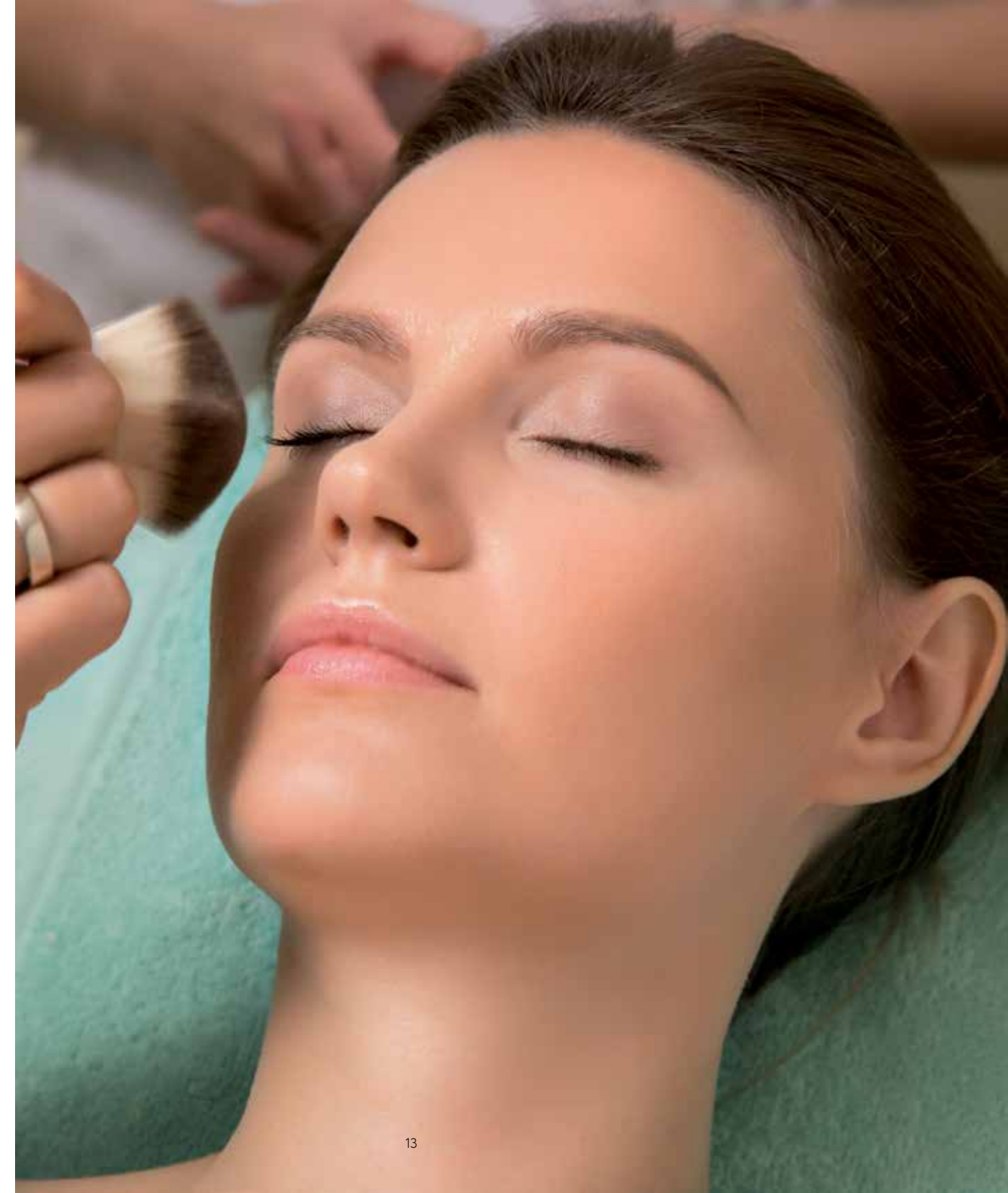
55' / 90€

An all-new anti-ageing facial highly concentrated in Sea Age 3A, a patented marine active ingredient that fills wrinkles and smooths the skin. A mousse mask is massaged onto the skin to plump it up from within. Wrinkles are less visible, youthfulness is restored.

Ocean Secrets

85' / 129€

An Extraordinary Anti-ageing facial treatment based on an exclusive Face Gym Lift massage that sculpts the contours of the face and lifts the features. Marine pearls are applied to every wrinkle for an instant filling effect. The face is reshaped, skin is even and luminous.



BODY TREATMENTS

Ocean Magnesium or Calcium

55' / 80€

A scrub boosted in Marine Magnesium or Calcium that exfoliates the skin while remineralizing it and a delightful relaxing massage with Magnesium Oil which restores balance and harmony to the body or with Marine Calcium Concentrate which promotes holistic wellbeing.

Stomach Sculptor

45' / 69€

Reducing waistline and comforting abdomen by a specific massage and the multiple benefits of the Guerande Mud.

Firming Performance

45' / 70€

A tonic exfoliation, a firming body mask with spiruline and a specific massage are performed to preserve the skin's firmness after a maternity or a loss of weight.

Cellulite [3D]

55' / 79€

We start this treatment with a cellulite-type diagnosis in order to use the most effective product tailored to the individual's needs. We apply products in 4 layers with slimming, draining and firming ingredients. We continue with a cellulite massage and the treatment is finished with the application of a draining mask.

Body wraps

25' / 35€

This tailor-made experience includes a body wrap of your choice for detoxifying or regenerating, to eliminate the toxins or boost the body's elimination mechanism with Marine Algae combined with essential oils.

Guérande Marine Mud Body Wrap

25' / 42€

A warm sea mud from Guérande is applied to the following joints: shoulders, arms, wrists, hips, knees, ankles and along spine. The whole body is then wrapped in a thermo cover, allowing the valuable components of this mud to penetrate the skin.

Divine Scrubs

25' / 50€

Experience pure relaxation with the enveloping texture of the divine Scrubs of your choice, for sublimated skin, the warm captivating Tiare or the Tangy Sparkling citrus.

SPA PACKAGES

Holiday-In' 2-day special

270€

Erase tension and regain calmness and tranquility! Schedule your ideal 'weekend' up to your availability throughout the week.

- Divine scrub
- Seaweed wrap
- Affusion massage 40'
- Hydra mineral facial 55'
- Personalized massage 55'

Essential Relaxation

2 treatments / day 95€

Essential oils, and massage will awaken your senses and introduce you to our beautiful world!

- Aromatic Hydro Jet Bath
- Personalized massage 55'

Head to Toe Experience

**3 treatments / day for 1 or 2 pers
163€ or 310€**

Purify your mind in the Hammam area giving your body a silky and radiant touch!

- Aromatic Hydro-Jet Bath
- Oriental Hammam
- Shiogriva massage

“Healing begins with an aromatic bath and daily massage.” — Hippocrates

Immerse yourself in pure relaxation with our curated spa packages — a blissful blend of luxurious therapies designed to soothe your body, calm your mind, and renew your spirit.

ADDITIONAL TREATMENTS

Pressotherapy

25' / 39€

Massage of the lower limbs using specific boots with progressive pressure, stimulating the lymphatic and blood — circulation system.

Endermology Cellu M6

Local or Advanced

25' / 49€

40' / 79€

An effective treatment which reduces topical cellulite improve the contour of the body and increases skin elasticity and blood circulation.

BEAUTY SALON

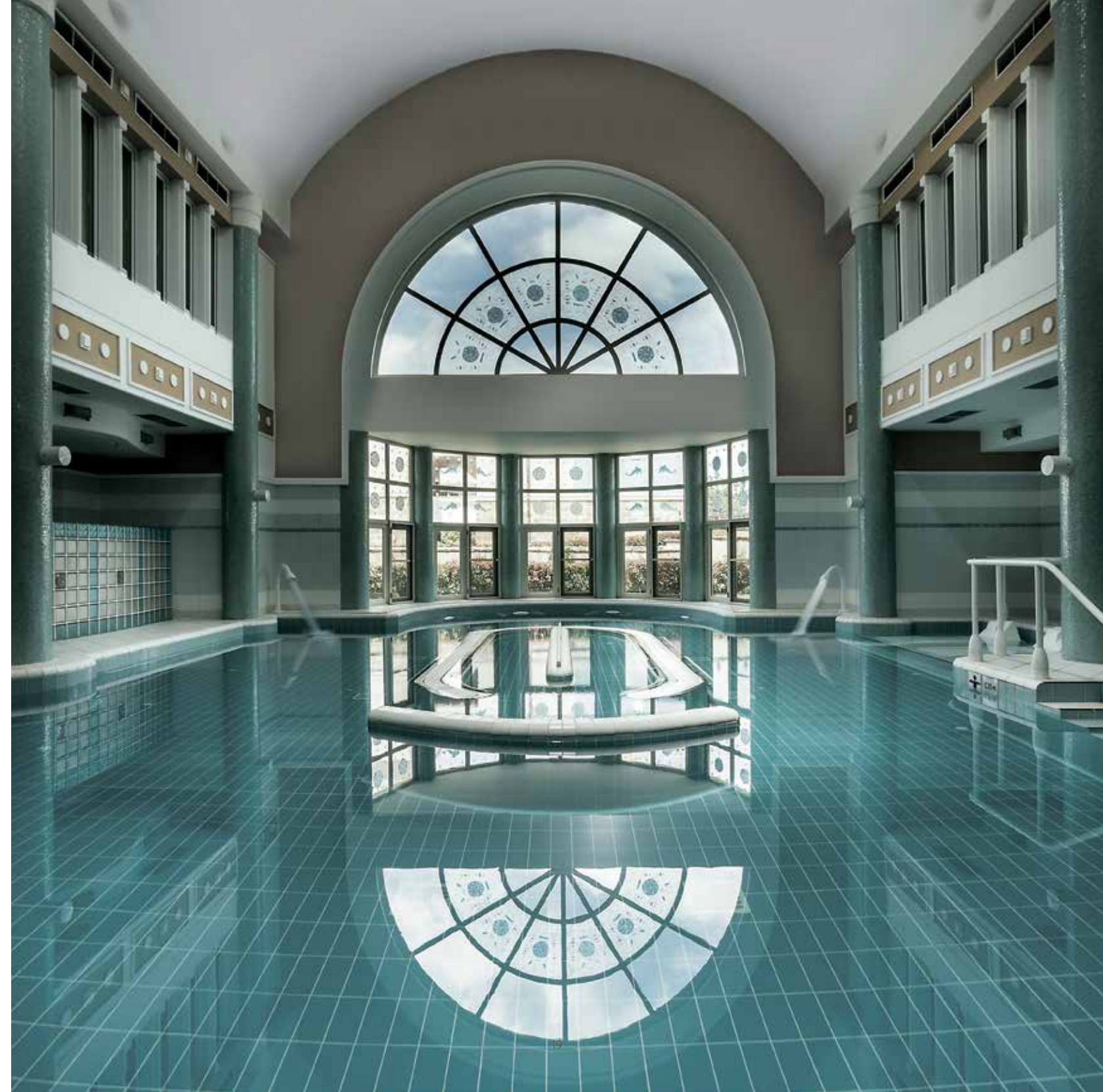
Beauty Salon

Our new Beauty Salon offers a fresh, modern space for professional hairstyling and nail services. Designed to enhance your experience, it provides everything you need to look and feel your best throughout your stay.

*For information or to book an appointment:
WhatsApp: +30 6934778025 & 1813 directly
from your room.*

SPA ETIQUETTE

- The Spa and its environs are strictly NO SMOKING areas.
- Please conduct all conversations at levels consistent with a relaxing environment.
- Please leave all items of value in your locker. The Spa is not responsible for loss of or damage to a guest's personal belongings.
- Advance booking prior to the intended treatment time is essential. Please call or visit the spa reception at your earliest convenience so we can accommodate your schedule.
- In order to make the most of your spa experience, please arrive at least 15 minutes before your booked appointment.
- All guests will be required to complete and sign a health & lifestyle questionnaire upon arrival and prior to treatments.
- Bathrobes, towels and slippers are provided upon arrival, however you may arrive already changed from your room.
- As a courtesy to our next guest, late arrivals may result in a reduction of treatment time. In case of being late, please contact the spa reception to reschedule your appointment to a more convenient time.
- We request a minimum of 4-hour notice in case you are unable to keep your appointment. No shows or appointments cancelled within 4 hours will result in charging a 50% cancellation fee.
- Treatment packages are non-refundable, non-transferable and non-exchangeable.
- The Spa is open to guests over 16 years old. Guests under 18 years are required to have parental consent prior to the booking being accepted.





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